

# STATE'S CRAZY 8'S

## MEET INFORMATION:

**WHEN: SUNDAY, JUNE 12<sup>TH</sup> 10 A.M.**

**WHERE: Penn State University Track, beside PSU Indoor Track**

**WHAT: 800M INVITATIONAL, and IS USATF SANCTIONED**

**WHO: Rabbit: MATT LINCOLN (PSU, 1:48)**

**A list:**

Mike Malizia, Springfield Montco: 1:54.94 FAT open

David Adewumi, State College: 1:53.6 split, 1:55.73 FAT open

Tim Johnson, Cedar Cliff: 1:53.9 split, 1:56.60 FAT open

Brandon Eck, State College: 1:56.7 split 1:58.68 FAT open

**Possibles:**

Cody Edling, North Penn: 1:53.7 split, 1:56.41 FAT open

Jay Nelson, Downingtown East: 1:54.9 split, 1:58.79 FAT open

Adam Smith, Camp Hill: 1:54.xx split

Matt Cunningham, Upper Merion 1:56 high split in relay

Ronak Patel, Upper Merion 1:55.09 FAT open

AJ Suravicz (he will either race or rabbit) 4:00.14, 1:49.xx

**B list\*:**

Josh Gainer, State College: 1:58.9 split

Brandon Sullivan, Downingtown East: 1:59.32 FAT open

\*If not enough competitors, B list will be bumped into A heat

**PURPOSE: QUALIFY FOR JUNIOR NATIONALS: 1:52.94**

**MEET DIRECTORS: DAVID ADEWUMI, JAYSON JACKSON**

**CONTACT US: BETWEEN THE HOURS OF 9 A.M. TO 11 P.M.**

**DAVID ADEWUMI**

**JAYSON JACKSON**

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## Entry Information

**ENTRY STANDARD\*: A- 1:57.0 (RELAY OR OPEN)  
B- 2:04.0**

**\*Athletes must achieve at least B standard, before entering meet**

**ENTRY INFORMATION: EMAIL/PHONE MEET DIRECTORS  
INCLUDE: NAME, SCHOOL, GRADE, PERSONAL RECORDS**

**ENTRY DEADLINE: THURSDAY, JUNE 9, MIDNIGHT**

**ENTRY CONFORMATION: AUTOMATIC**

**ENTRY FEE: NONE**

## Meet Schedule

**800M BEGINS @ 10 A.M., SLOWEST TO FASTEST, RACED IN LANES**

## ROOM AND BOARD

**David Adewumi and Brandon Eck, possibly Jayson Jackson will make their houses available Saturday night to sleep in. There will be beds, showers, and breakfast and lunch provided. Athletes must email in requests for food. Saturday Night food will be provided at David Adewumi's graduation party, 4p.m. - 8p.m.**

## TRANSPORTATION

**To and from the track will be provided by Jayson Jackson, David Adewumi, and Brandon Eck—and whatever vehicles athletes/coaches bring.**

## DIRECTIONS

The Penn State University track is located adjacent to the Multi-Purpose Building near Beaver Stadium. The Multi-Purpose Building is the site of the Indoor Track. Use Map Quest for Directions.

Tudek Park is located on Martin Street, behind B&E Cycles 1510 Martin Street State College, PA 16803

David Adewumi's House is located: 319 Matilda Ave, Lemont, PA 16851 10 minutes from the track

Brandon Eck's House is located: 2 minutes from the track, 10 minutes running time

## **PARKING AT THE TRACK**

Parking is free.

## **FACILITY**

An 8 lane state-of-the-art track. Any spikes or racing flats are acceptable.

### **REGISTRATION WILL BE AT THE TRACK**

**Entering the event is by EMAIL, IM AND PHONE ONLY**

### **ACCESSIBILITY TO TRACK PRIOR TO MEET**

Athletes are welcome to use the track and field facilities on Saturday, anytime.

### **WELCOME BARBEQUE**

A welcome barbeque is planned for Saturday, June 11th at Tudek Park at 4 pm to 8 p.m. This is a great way for athletes and coaches to meet each other.

### **WARM UP DURING MEET**

Athletes may warm up on the field inside the track, on the field outside the track, or on grassy areas nearby.

### **MEET SCHEDULE**

The meet schedule is posted separately under MEET INFORMATION and is subject to change. The final meet schedule will be available on Friday, June 10 on [pennttrackxc.com](http://pennttrackxc.com)

### **TRACK INFORMATION**

Seeding will be done as follows: 6-5-7-4-3--2-1 with the rabbit in lane 8 and the rest drawn at random.

### **HEAT SHEETS**

Heat sheets will be posted Friday, June 10, on [pennttrackxc.com](http://pennttrackxc.com)