

## **Policies for Selection for the Boys & Girls Invitational High School Mile at the 98<sup>th</sup> Annual Millrose Games**

Two of the featured events at the Millrose Games are the “**Boys One Mile Run**” (contested since 1974), and the “**Girls One Mile Run**” (contested since 1984). Each of these events brings together, by special invitation, eight (8) of the top scholastic milers in America to race at New York City’s famous Madison Square Garden. The Millrose Games will celebrate its 98<sup>th</sup> edition on **Friday, February 4, 2005**.

These are “**scholastic events**” sanctioned by National Federation of State High School Associations and the State of New York. Therefore, **all competitors must represent their school and wear their school’s team uniform**.

The Millrose Games’ long-established policy for selecting competitors is based on evaluating each candidate’s “**One Mile Performance Profile**”, which includes:

- Honors Won. (i. e. winning and placing high in major [interstate] meets)
- Win-Loss Record against other top prep milers
- Time Performances at a one mile, 1500m, and 1600m.
- Rankings on National and Eastern Performance Lists.

We will review each candidate’s array of performances in major meets, beginning with the 2004 indoor season, with particular emphasis on State Championships, National Scholastic Indoor Championship (NY Armory), and Nike Indoor Championships (Landover, MD). Outdoors, we will focus on the 2004 State Championships, as well as “major interstate meets”: Arcadia, Penn Relays, Hartford, Loucks, etc., with primary emphasis on “end-of-season” competitions such as the Golden West Invitational, NIKE [nee: adidas] Outdoor Championships, USATF Junior Nationals, USATF Youth Championships, Junior Olympics and various State “Summer Games”.

By early Fall we will have identified two groups of candidates. Our “A” List will be elite 2004 underclass milers ranked by *Track & Field News* and [HYPERLINK "http://www.dyestat.com"](http://www.dyestat.com) *DyeStat* among the USA’s top 10-15 for the mile (plus 1,500/1,600m converted.) For the boys, that usually means sub-4:12. For the girls, that usually means sub-4:50. In December, we will contact these nationally-ranked milers to determine their interest, availability, and ability to participate. In most years, only 1 or 2 of this group commits to compete—in which case their Millrose Games invitation is confirmed.

Our “B” List consists of the top 10-15 returning milers within the East (ME--VA) as ranked by *Eastern Track* magazine. For boys, that usually means sub-4:21 indoors or sub-4:18 outdoors. For girls, that usually means: sub-5:05 indoors or sub-5:00 outdoors. While we will review major 2004 cross country meets, it should be stressed that winning and/or setting course records at these meets is NOT a significant factor in selecting Millrose Games Mile contestants, as often the best 5,000m harriers are not top-quality milers.

In December, as the 2004-5 indoor season gets underway, it’s “show time” for these “B” List milers to produce a mile performance, on or before January 22, 2005, that ranks them at the top of all scholastic milers in the East. Again, we emphasize that performances in “major interstate meets” carry considerably more weight than those in small, local meets. **Also, it should be noted that performances in non-scholastic events or “Open” meets will NOT be considered for a Millrose invitation.**

These Eastern “major interstate meets” (listed on the reverse) in which most of our leading “B” List candidates will compete are attended or monitored by our Invitations Directors or their representatives. Many of these meets are limited to competitors from their immediate surrounding states, so you must check with each respective Meet Director [Contact] to determine whether your entry will be accepted.

**We emphasize that winning the Mile (or placing in top 2-3-4) at these designated meets does not ensure an invitation to the Millrose Games—other than the two automatic qualifying meets specified below.** For example, winning the Yale Invitational Boys Mile in 4:21.2, while several others have run sub-4:18.5 at any of the earlier 2004-2005 Indoor Meets would lessen that individual’s chances of being selected considerably.

**As was the case in 2004, we are selecting two competitors from 2 major meets as “automatic qualifiers”:**

The Hispanic Games on January 8<sup>th</sup> and New Balance Games on January 22<sup>nd</sup>—both conducted at the New York City Armory Track & Field Center. In each of these meets, the winner of the Boys and Girls One Mile Runs will be automatically selected to participate in the 2005 Millrose Games Invitational H.S. Mile races.

Finally, all accepted invitees in the Boys & Girls High School Miles must agree NOT to compete in any scheduled meet after Sunday, January 30<sup>th</sup>, to ensure being in peak condition. Failure to comply with this provision of the selection process will result in our invitation to compete in the 2005 Verizon Millrose Games being immediately withdrawn.

**LARRY BYRNE**

**Boys Invitations Director**

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**JIM SPIER**

**Girls Invitations Director**

### **2004-5 MAJOR EASTERN HIGH SCHOOL INDOOR MEETS OR MEETS WITH HIGH SCHOOL EVENTS**

Saturday, December 18 **BISHOP LOUGHLIN GAMES**. 51<sup>st</sup> annual "season opener" at the NY Armory Track & Field Center. 6-lane banked 200m Mondo Track. 168<sup>th</sup> St. & Broadway, NYC.  
Contact: Ed Bowes @ 718-857-2700 ext. 2233 or Mike Botti @ 718-788-0716

Saturday, December 18 **HOWARD COUNTY WINTER TRACK FESTIVAL**. Prince Georges County Sports Complex, Landover, MD 200m flat track used to host the Nike Indoor Championships. Varsity running events including B&G Mile  
Contact: Norman Belden @ (WE) 410-880-5988 or (HE) 410-992-4429 or norman\_belden@hcpss.org

Mon-Tue, December 27-28 **BROWN UNIVERSITY INVITATIONAL**. Olney-Margolies Fieldhouse, Brown University, Providence, RI. DMR on 12/27 other Varsity running events & B&G Mile on 12/28. (200m flat synthetic track- spikes OK)  
Contact: Bob Rothenberg @ 401-863-1041 or HYPERLINK "mailto:track@brown.edu" track@brown.edu

Tue-Wed, December 28-29 **SETON HALL GAMES**. Brennan Field House, Seton Hall University, South Orange, NJ  
Individual events, including B&G Mile on 12/28. Relays on 12/29. Contact: Marian Johnson @ 201-761-9561

Saturday, January 8 **DARTMOUTH RELAYS**. Leverone Field House, Dartmouth College, Hanover, NH  
Top H.S. competitors from 8 states & Canada (200m flat synthetic- spikes OK)  
Contact: Barry Harwick @ 603-646-2540 or barry.harwick@dartmouth.edu

Saturday, January 8 **11<sup>TH</sup> CITIBANK HISPANIC GAMES**. NY Armory Track & Field Center.  
**"Automatic Qualifier"**  
6-lane banked 200m Mondo track. 18<sup>th</sup> St. & Broadway, NYC, Contact: Louie Vasquez @ 212-923-1803 ext. 14

Saturday, January 8 **MONTGOMERY INDOOR INVITATIONAL**. Prince Georges County Sports Complex, Landover, MD  
Top competitors from MD, DC, VA, PA, DE, and WV only. 200m flat track used to host the Nike Indoor Championships.  
Contact Tom Rogers @ (c) 240-476-1720 or (H) 301-770-7292 or HYPERLINK "mailto:

Tom\_Rogers@fc.mcps.k12.md.us" [Tom\\_Rogers@fc.mcps.k12.md.us](mailto:Tom_Rogers@fc.mcps.k12.md.us)

Saturday, January 15 **ARCHBISHOP MOLLOY-STANNER GAMES**. NY Armory Track & Field Center.

6-lane banked 200m Mondo track. 168th St & Broadway, NYC

Contact: Joe Dombrowski @ 718-441-2100 (school) or 718-849-8251 (Fax) or HYPERLINK "mailto:jdombrowski@molloyhs.org" [jdombrowski@molloyhs.org](mailto:jdombrowski@molloyhs.org)

Fri-Sat, January 21-22 **YALE INVITATIONAL**. Coxe Cage, Yale University, New Haven, CT  
(**NEW 200m BANKED** synthetic track-spikes OK) Top HS competitors from 8 states. DMR on 1/21.  
B & G Mile on 1/22.

Contact: Dan Ireland (Boys) @ 203-432-1404...or...Mark Young (Girls) @ 203-432-1405

Saturday, January 22 **NEW BALANCE GAMES**. NY Armory Track & Field Center. "**Automatic Qualifier**"

6-lane banked 200m Mondo track. 168th St. & Broadway, NYC. Contact: Louie Vasquez @ 212-923-1803 ext. 14

**\*\*PLEASE NOTE: Saturday, January 22 is the last day performances will be considered for selection for the Invitational Boys and Girls High School Mile Races at the 2005 Verizon Millrose Games on Friday, February 4 at Madison Square Garden.**

**QUESTIONS? Contact...**

**LARRY BYRNE**

**Boys Invitations Director**

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**JIM SPIER**

**Girls Invitations Director**

**"TO RANK WITH 'EM...YOU'VE GOT TO COMPETE WITH 'EM"...per Neil Kerr, Editor/NYSSWA**