

# ORDER OF EVENTS

## Track Events

9:30am Girls 4 x 1600 Meter Relay  
 10:00am Boys 4 x 1600 Meter Relay

10:25am Girls Shuttle Hurdle Relay  
 10:45am Boys Shuttle Hurdle Relay

11:00am Girls 4 x 200 Meter Relay  
 11:15am Boys 4 x 200 Meter Relay

11:30am Girls Distance Medley Relay  
 11:45am Boys Distance Medley Relay  
*(Relay legs are 800, 400, 1200, 1600)*

12:00pm - 12:30pm - Break

12:30pm Girls 4 x 100 Meter Relay  
 12:45pm Boys 4 x 100 Meter Relay

1:00pm Girls 800 Meter Medley Relay  
 1:20pm Boys 800 Meter Medley Relay  
*(Relay legs are 100, 100, 200, 400)*

1:40pm Girls 4 x 800 Meter Relay  
 1:55pm Boys 4 x 800 Meter Relay

2:10pm Girls 4 x 400 Meter Relay  
 2:30pm Boys 4 x 400 Meter Relay

## Field Events

### Girls

### Boys

**9:00am** Javelin High Jump  
 Long Jump Shot  
 Discus Triple Jump

**9:30am** Pole Vault Pole Vault

**12:00pm** High Jump Long Jump  
 Triple Jump Javelin  
 Shot  
 Discus



## *Participating Teams*

Annville-Cleona	Lampeter-Strasburg
Columbia	Manheim Central
Conestoga Valley	Manheim Township
Delcastle Technical	Milton Hershey
ELCO	Northern Lebanon
Elizabethtown	Octorara
Ephrata	Palmyra
Garden Spot	Penn Manor
Hempfield	Solanco
Hershey	Susquehanna Twp
Lancaster Catholic	William Penn, DE